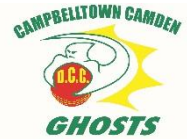


# CCDCC Men's Training Policy



The role of the Coach will be to take overall control of senior training sessions and provide skills coaching to senior players. He may call upon external support and senior players to provide specialist coaching and will also be assisted by the Captains. A designated relieving coach will take training in the Coach's absence.

Players must:

- Complete and sign Training Register prior to commencing training directly communicating with Graeme Hardy.
- Wear club training uniform.
- Remain in the training areas until training is finished or are otherwise dismissed
- Advise Graeme Hardy, the Coach or Captain when leaving training
- Bat and bowl at training in the same manner as in a game
- Notify Coach or Captain if unable to attend training
- Train on Tuesdays and Thursdays and other scheduled training sessions unless otherwise arranged with Coach

## Training Facility Policy

- Spikes are not permitted on any synthetic surface which includes the new outdoor nets, indoor training facility and club room.
- Please assist with set up and pack up if available.