

# CCDCC Sun Protection Policy



## Aims

This policy aims to ensure all players, officials and spectators are protected from the harmful effects of the sun throughout the cricket season, and that we provide a sporting environment that supports sun safety awareness and practices.

## Our commitment

The CCDCC has a duty of care to provide a safe environment for everyone involved in our activities. Providing a safe environment includes protecting people from the harmful effects of UV radiation.

## The CCDCC will provide:

- Sunscreen that is at least SPF 30+, broad-spectrum and water-resistant and players, coaches, officials and spectators are encouraged to use it appropriately. This is available in the canteen and dressing rooms. Please alert the nearest Committee Member should it be unavailable. Please ensure that sunscreen is applied at least 20 minutes before warm ups, and is reapplied every 2 hours (or opportunity) when playing or training, or after getting wet or perspiring.
- Caps to all players.
- The opportunity to purchase long sleeve playing shirts and wide brimmed Greg Chappell hats.

## Players and officials are encouraged:

- to wear close-fitting, wrap-around sunglasses that cover as much of the eye area as possible and comply with Australian Standard AS/NZS 1067:2003 (Sunglasses: Category 2, 3 or 4).
- wear a hat at all times and order/purchase loose fitting clothing.
- have annual skin checks by a medical practitioner regardless of your age.